



ANNUAL REPORT

2023-2024



cpaiindia



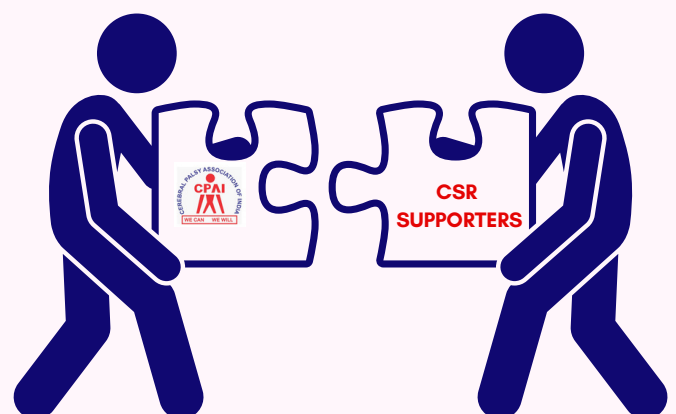
Hhw Cerebral Palsy

from the CSO'S DESK

This transformative year for CPAI saw the empowerment of enrolled 134 special children & adults & empowered 100 OPD special children & adults through our socially empowering initiatives across all branches. Thanks to the dedication of our team, founders, parents, volunteers, and supporters. Key initiatives like **Project Shikshan supported by Shiva & Royan Foundation** & ongoing monthly ration distributions demonstrate our commitment to vulnerable groups. **Collaborating with the Cerebral Palsy Sports Federation of India**, we promote sports for individuals with cerebral palsy, providing growth opportunities and raising awareness.

In partnership with **Srujna Charitable Trust & Deepa Foundation for Social Change**, CPAI combines livelihood training with financial & digital literacy, Super Didi Leadership Program to empower women, breaking cycles of poverty and promoting gender equality. **The Swanama project, in collaboration with Deepa Foundation, supported by Ajit Kucheria Sir, supports Tribal women** for setting up manufacturing units, training & distributing reusable sanitary napkins, particularly benefiting tribal remote communities. This year we also conducted **4 free Orthopedic camps, in association with Oswal Mitra Mandal** empowering children and their families in Mumbai, Saki Naka, Vasai, Bhopal & Lucknow.

With our CSR supporters, we remain committed to advocating, innovating, and collaborating to ensure PDAs receive the support and opportunities they deserve, working towards a more inclusive and equitable society.

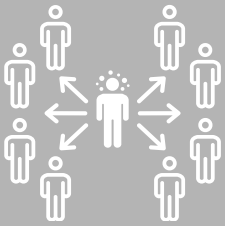


EMPOWERED



10,000 +

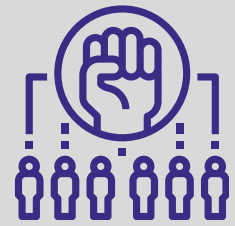
CHILDREN, ADULTS & THEIR FAMILIES OVER THE SPAN OF 50+ YEARS



AWARENESS PROGRAMS



JUDTE KADAM INCLUSIVE MUSICAL & DANCE PROGRAM



AWARD FUNCTION



SWANAMA PROJECT

Empowering

3,500 + WOMEN

ORTHOOPAEDIC

13 FREE CAMPS



SHIKSHAN PROJECT

44

beneficiaries

SERVICES



HEALTH CHECKUP CAMPS



MID DAY MEALS



BUS SERVICE

EMPOWERING



STUDENTS PARENTS



SOCIETY



COMMUNITY

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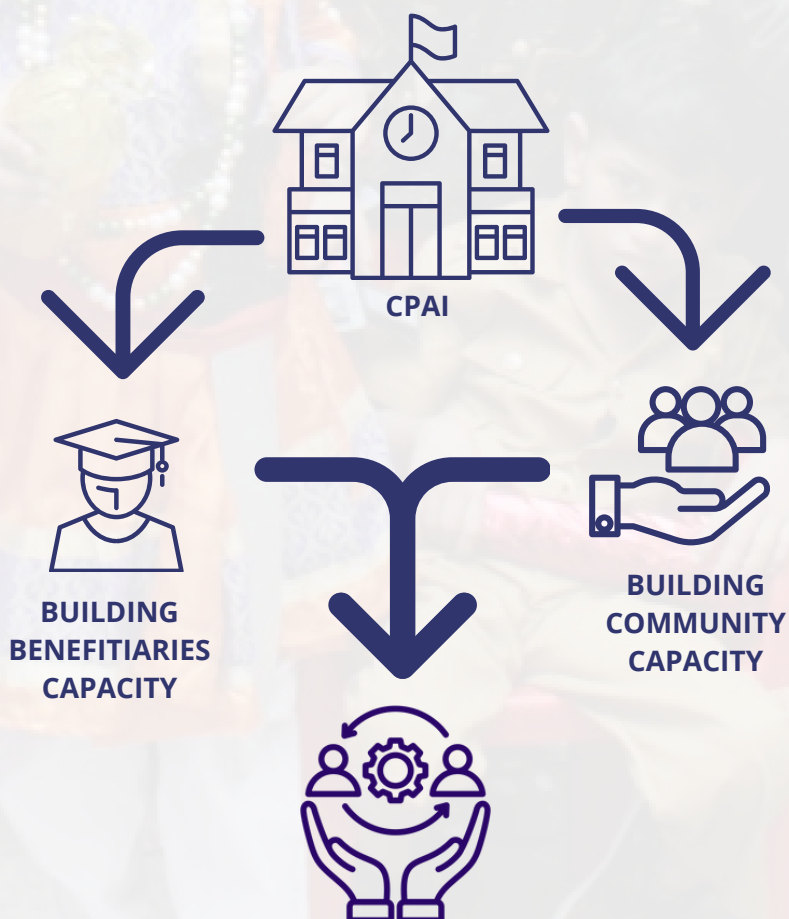


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CELEBRATES

ABOUT US

Cerebral Palsy Association of India is a non-profit organization since 1968, dedicated to empowering children & adults with multiple disabilities, uplifting underprivileged, PDAs & Tribal women, supporting underprivileged children's education & focusing on activities to promote inclusion.



PROMOTING INCLUSION | PRODUCTIVE & CONTRIBUTING MEMBERS OF THE SOCIETY

Vision

Hope, equal opportunity and upliftment for PDA's. To live in harmony, dignity, security with inclusion in our world.

Mission

Serve community, enrich life!

OBJECTIVES

Early intervention, Schooling, Therapy, Pre-vocational, Vocational, & Livelihood trainings are provided to enable each PDA to become independent & productive members of society.

01



02

Creating job opportunities for PDAs and underprivileged women through different livelihood and job-oriented programmes.

Financial educational support to children deprived of school or dropouts.

03



04

Providing PDA's with a platform to showcase their specific interests and abilities, as well as to raise awareness of the potential of these special students.



Spread awareness about multiple disabilities in the society through Inclusive activities.

05



06

Guiding parents/guardians involved in all aspects of rehabilitation and domiciliary care of PDA's and beneficiaries



07

Establish livelihood training centers across the Nasik tribal areas, equipping them with 100 machines to empower local women. Train these women to produce & distribute advanced sanitary Saffkins in their communities to enhance economic opportunities & impart valuable skills, promoting economic empowerment & improved hygiene.



PRESENCE & SECTORS

CPAI has expanded its presence and established three branches in Mumbai (Santacruz & Vasai), Bhopal, and Lucknow. Having a presence in multiple locations allows CPAI to reach a broader population of individuals with different abilities (PDAs) and provide them with the necessary support and services. CPAI provides diverse range of initiatives and services across all the branches.

MUMBAI BRANCH

Windsor BMC Library Building,
Windsor Lane, C S T Road,
Kalina, Santacruz East,
Mumbai, Maharashtra 400098.

VASAI BRANCH

1st Floor, Above Engram-Cog
Rehabilitation Center, St.
Michael Church Road, Vasai -
West, Dist. Palghar- 401202

BHOPAL BRANCH

Tulip 345, Ruchi Lifescape,
Jatkhedhi, Hoshangabad Road,
Bhopal, Madhya Pradesh -
462026.

LUCKNOW BRANCH

Sarain Mali Khan,
Chaupatiyan Road, Chowk,
Lucknow Uttar Pradesh -
226003.

hhw.multiplehandicapped@gmail.com
cpai1968@hotmail.com

engramcog@gmail.com

cpai.bhopal2018@gmail.com

cpai.lukhnow2@gmail.com

9029882662

99303 82173

8700674327

9450642359

THERAPY CENTER

WOMEN EMPOWERMENT

VOCATIONAL TRAINING,
WORKSHOP, LIVELIHOOD
PROGRAM FOR ADULT
PDA'S

CEREBRAL PALSY
FEDERATION OF
SPORTS

EARLY
INTERVENTION
SCHOOLING FOR
YOUNG PDA'S

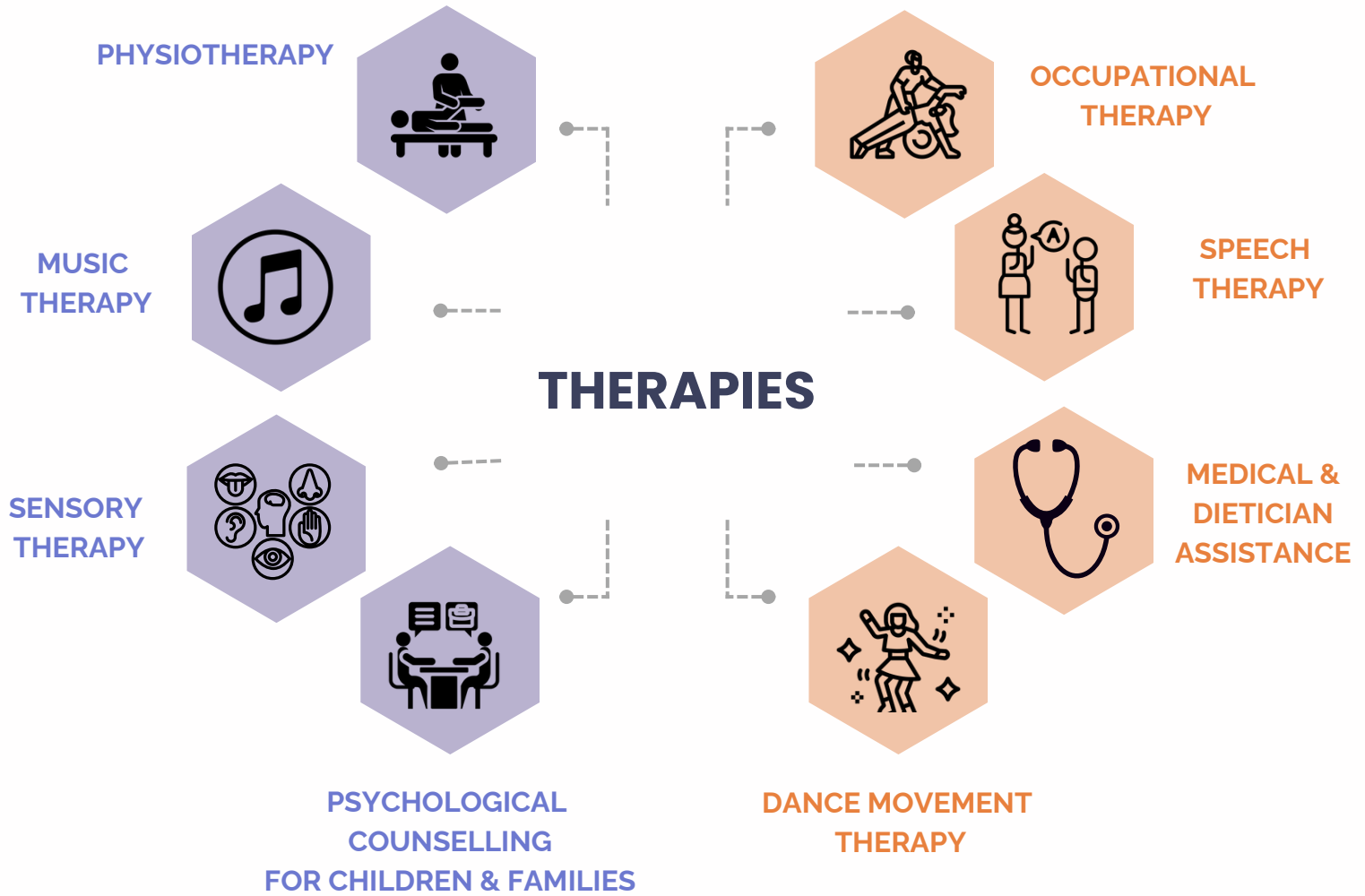
EDUCATIONAL
SUPPORT FOR
UNDERPRIVILEGED
CHILDREN

SOCIETY AWARENESS
SESSIONS FOR
PROMOTING
INCLUSION



EARLY INTERVENTION & THERAPY

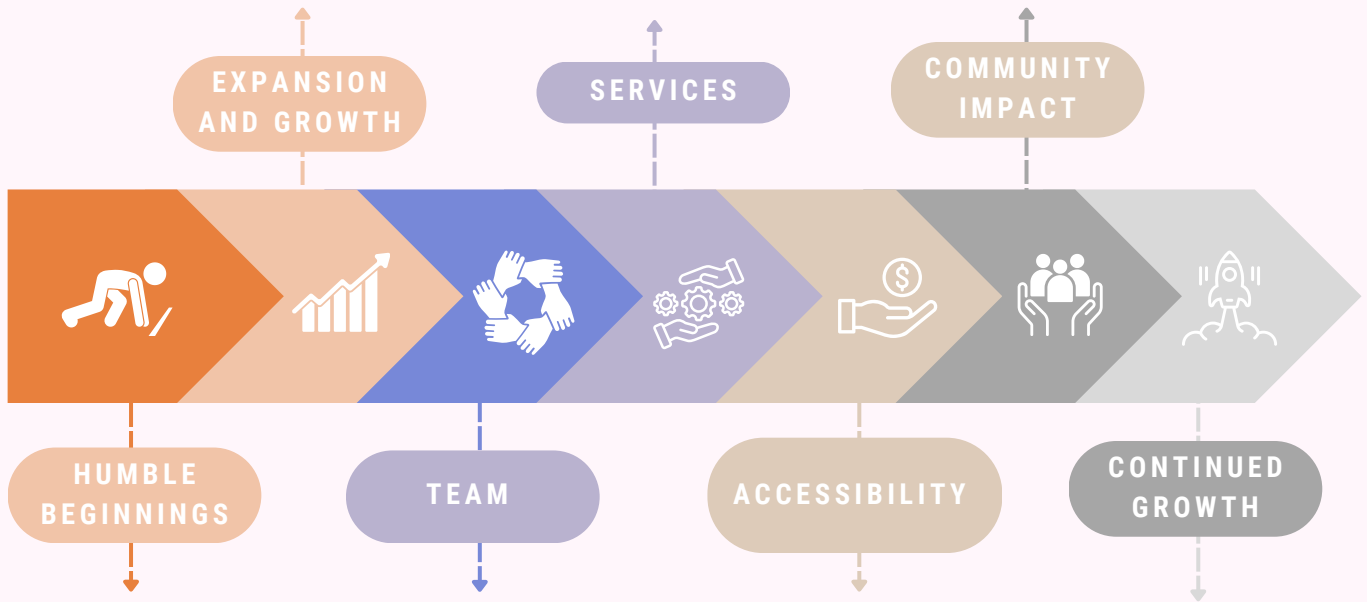
Early intervention begins at **0-4 Years** for children as therapy plays indeed a crucial role for the holistic development of children with special needs. CPAI plays a pivotal role in providing comprehensive support to children & their families. We ensure that children receive the necessary therapies and guidance for their holistic development.



Expanded its services significantly. Today, it provides therapy to more than 100 children & their families across multiple locations, including Mumbai & Bhopal

The branches cater to both **school-going children & OPD**. This dual approach ensures that children receive continuous support, whether they are integrated into regular school environments or require specialized outpatient care.

CPAI provides invaluable support to families. This includes training, counseling, & resources that help families better understand and manage their child's condition.



Began in a small room at its Mumbai branch, equipped with just a mat and a therapy ball, marking the start of its mission to support children with Special needs.

Each branch is well-equipped & staffed with a highly qualified team of therapists, ensuring that comprehensive care and support are available to all children in need.

We provide services not only to our school children, but also to the surrounding community children requiring therapies. Our OPD services caters to empowering all children & adults with multiple disabilities.

CPAI continues to look for ways to expand its reach & enhance its services. Future plans include opening new branches, introducing more specialized therapies, and engaging in further advocacy and awareness efforts in Lucknow



empowered
100+
 children & families

SPECIAL EDUCATION & TRAINING



PRIMARY SCHOOL

- Activities of Daily Living for independence
- NIOS for academic growth
- Behavioral, Recreational & Social Skills

MIDDLE SCHOOL

- Functional Skills
- Life Skills
- Pre- Vocational & Occupational Skills

WORKSHOP & LIVELIHOOD TRAINING

- Vocational training to make handicrafts
- Personality Development, Confidence-building, Cash handling, Computer Competencies for workplace rediness

FOUNDATIONAL SKILLS

5 - 12 Years

**FOUNDATIONAL
+
ADAPTIVE SKILLS**

12 - 18 Years

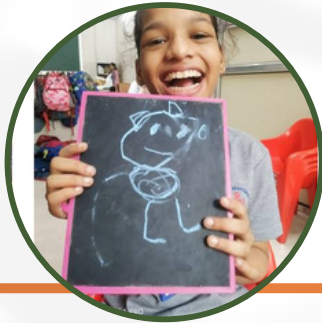
**ADAPTIVE SKILLS
+
TRANSITION SKILLS**

18+ Years



My son Zeeshaan has a locomotor disability that affects his lower limbs, making him unable to walk and requiring him to crawl to move around. Due to this, no school was willing to accept him without a caretaker, and the high cost of hiring one forced him to stay at home for the past seven years. However, for the past year, he has been regularly attending school and therapy sessions at the Cerebral Palsy Association of India (CPAI).

Zeeshaan has shown tremendous progress and an eagerness to learn more. Inspired by his enthusiasm and unwavering dedication, the school has enrolled him in NIOS Level A. I am deeply grateful to CPAI for helping my son pursue his dreams and achieve so much. I just want to see him grow and thrive every day.



My daughter Disha, was diagnosed with Cerebral Palsy, became part of our NGO at the tender age of four. At the outset, she faced significant challenges, unable to walk and relying on crawling as her primary means of mobility. Her initial days at the school were marked by distress, with tears and resistance to participation. However, a pivotal moment occurred when, allowing her the space to express her emotions, she made her way to the school gates, determinedly returning on her own accord. From that point forward, her attitude towards learning transformed, and she began to embrace the educational journey with enthusiasm.

Through dedicated and consistent therapy sessions, Disha has made remarkable progress. While her condition still affects her upper limbs, she has been encouraged to cultivate independence in all aspects of her life. Today, she walks unaided, a testament to her resilience and the unwavering support of our organization.



My son, Jitendra Vyaas, a 23-year-old with a learning disability, began as a student at CPAI, where he trained in professional dance. Over time, he performed at numerous events and has now become a dance instructor at the Kalina Center in Mumbai and the Bhopal Center. Recently, he received an offer to teach dance at the University of Mumbai. Jitendra's success highlights the importance of inclusive education and opportunities, showing that with support and perseverance, individuals with disabilities can achieve financial independence and a high quality of life. His journey is a powerful example of how removing barriers allows individuals to thrive and contribute meaningfully to society.

SWANAMA PROJECT

Women Empowerment Initiative



INTRODUCTION

Empowers able and disabled women through personal growth, societal progress, and holistic development. Focusing on underprivileged, tribal, and single mothers, it creates tailoring opportunities and gender-sensitive trade. Women are trained in life skills, becoming self-sufficient mini-entrepreneurs.

LOCATIONS



Mumbai
Kalina & Saki Naka



Bhopal



Lucknow



PRODUCTS

They produce products like cloth bags, kaftans, scrunchies, and sanitary napkins ("safkins") at the centers or from home.

At the Bhopal Center, the Swanama Project manufactures Papad and distributes it using electric autos owned and driven by women.

AWARENESS SESSIONS

- Digital & Financial literacy awareness programs
- Awareness program on Domestic Violence & Menstrual Hygiene for Hearing Impaired women in association with TEACHH
- Training of Super Didi - Leadership Program





SAFKIN PROJECT



CPAI, Swanama project collaborated with Deepa Foundation & support of Ajit Kucheria Sir for upliftment of Tribal women by conducting awareness sessions on menstrual hygiene and distribution of Saafkins to the girls who live in tribal areas.



The project aims to create an ecosystem wherein women in the textile units producing reusable sanitary napkins (with patent technology of being bacteria and odour free) and sell them in their community at a low cost. CPAI also distributes the same in low-income communities where women cannot afford the same. Free distribution reaches rural and tribal communities



ADVANCED SANITARY SAFKINS

The Saafkin project operates on three key principles

- REUSABLE
- WASHABLE
- BIODEGRADABLE
- ANTI-BACTERIAL
- SKIN SAFE & HYGIENIC
- 12 HOURS OF PROTECTION FROM LEAKAGE



1. **Empowering local tribal women by enhancing their economic status and providing valuable skill development opportunities.**
2. **Improving menstrual health and hygiene.**
3. **Promoting environmental sustainability through the use of reusable sanitary pads.**



MACHINES INSTALLED



Established livelihood training centers at different Locations & have trained women to produce safkins :

- 10 MACHINES INSTALLED IN KARANJALI, NASHIK TRIBAL AREA
- 15 MACHINES INSTALLED IN DABHADI, NASHIK TRIBAL AREA
- 10 MACHINES INSTALLED IN HARSUL, NASHIK TRIBAL AREA
- 21 MACHINES INSTALLED IN ROHA, TRIBAL AREA
- 31 MACHINES INSTALLED IN SHRIVARDHAN NASHIK TRIBAL AREA
- 15 MACHINES INSTALLED IN SAKI NAKA, MUMBAI
- 30 MACHINES INSTALLED IN LUCKNOW
- 10 MACHINES INSTALLED IN BHOPAL



30,000 SAFKIN KITS

DISTRIBUTED TILL DATE



BAHRE NASIK

BHANVAD DINDORI NASIK

DABHADI

DHINDORI

HARSUL



Distributed 110 Safkin Kits in Tribal remote areas

Distributed 500 Safkin Kits in Tribal remote areas

Distributed 650 Safkin Kits in Tribal remote areas

Distributed 550 Safkin Kits in Tribal remote areas

Distributed 400 Safkin Kits in Tribal remote areas



I am a single mother; my husband passed away when my son was only six months old. I continued living with my in-laws but wanted to manage finances independently for my son's sake. Having learned stitching, I joined a small setup to earn money and took extra work home, stitching clothes on my sewing machine. During this time, my son was growing up and needed my attention at night, but I worked extra hours to earn more, sacrificing time with him. The financial pressure kept me from sleeping peacefully.

Eventually, the small setup closed. I began working on my sewing machine near a shop on the street, doing basic stitching work for people. Though it was a bit embarrassing, no work seemed too small at that time. Later, I joined CPAI's Swanama Project, and then the lockdown happened. Despite the challenges, I visited the center during the lockdown to fulfill our first order of stitching masks. We worked through the entire lockdown and completed our first big order. Since then, there has been no turning back. Over the years, our team grew, and we began stitching cloth bags, jute bags, kaftans, and scrunchies. I now head the department, and CPAI has also supported my son's education through Project Shikshan.

A year ago, we started the Sakfin project, installing machines in the tribal areas of Nashik, Saki Naka, and Lucknow. I personally visited each center to train women to use the machines and stitch sanitary napkins for production and distribution. This journey has completely transformed me as a woman. I gained confidence and belief in myself. Today, I meet many women who have joined Swanama—single mothers, women with physical disabilities, or underprivileged women wanting to make a change. I see myself in them and love working with them, empowering them to realize their dreams.

-KAVITA PATHARIA




HIGH STANDARD OF LIVING FOR WOMEN & HIGH SELF-ESTEEM



IMPROVED PUBLIC SPEAKING & COMMUNICATION SKILLS

IMPACT



COMPLEMENTING THE BREADWINNER IN THE FAMILY



MENSTRUAL HEALTH & HYGIENE



EMPOWERING WOMEN

COME JOIN HANDS WITH US
CONTACT NO. +91 84335 35770

SHIKSHAN

A Project for educational support
In association with Shiva & Royan Foundation

COVID-19 IMPACT:

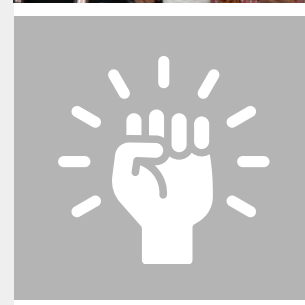
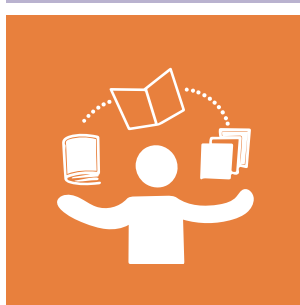
- Children lost their earning parents or faced family unemployment.
- Many children had to discontinue their studies.
- Single mothers supporting families were especially affected.

PROJECT SHIKSHAN GOALS:

- Support 50 beneficiaries from underprivileged families.
- Provide education in primary and secondary sections.
- Offer certified technical courses for self-sufficiency.
- Expand support to cover fees, transportation, and other expenses.

FOCUS AREAS:

- Maintain children's education in their current private schools.
- Ensure high educational quality and standards.
- Inspire both mothers and children to strive for a brighter future and reach their full potential.



MUMBAI



BHOPAL



LUCKNOW

This project is implemented in three cities across India. With a dream to empower single mothers in our nation, This is a start to an amazing future; not just for mothers but for our beneficiaries too, who are the future of our nation.

ORTHOAPEDIC CAMPS

In association with Oswal Mitra Mandal
Supported by Mr. Ajit Kucheria



13 FREE CAMPS

TILL DATE FOR OUR
CHILDREN & OTHER SPECIAL
SCHOOL CHILDREN

MUMBAI | VASAI | BHOPAL | LUCKNOW



MUMBAI CENTER

40+ PDA's received Splints/Braces
CORRECTIVE SURGERY - 5 students were
operated and provided with
Physiotherapy

VASAI CENTER

20+ Splints/ Braces were distributed
CORRECTIVE SURGERY - 2 students were
operated & provided with Physiotherapy



BHOPAL CENTER

30+ Splints/ Braces were distributed
CORRECTIVE SURGERY - 3 students were
operated and provided with Physiotherapy



LUCKNOW CENTER

25+ Splints/ Braces were distributed
CORRECTIVE SURGERY - 2 students
were operated and provided with
Physiotherapy

SERVICES



MID DAY MEALS

All the children and adults attending CPAI used to bring their own lunchboxes. Since the beneficiaries come from low-income groups, the food they brought often consisted of leftovers from the previous night, which were sometimes stale. It is crucial for individuals with special needs to consume healthy and nutritious food, as they typically have low immunity and other health issues. This often led to increased illness and frequent absenteeism.

As a result, the Cerebral Palsy Association decided to launch a midday meal service to provide a nutritious diet plan created by a dietician and freshly prepared meals in CPAI's kitchens. **Today, both centers in Mumbai and Bhopal are equipped with kitchens and cooks who prepare nutritious lunches and snacks for the children. On special occasions and celebrations, a variety of special meals are prepared that the children eagerly enjoy.**

BUS SERVICE

The donation of a new bus by **Axis Finance** is a significant milestone for CPAI in both Mumbai and Bhopal. Reliable transportation has greatly improved our ability to serve students and reach more beneficiaries. The bus facilitates transportation to events and outings, allowing students to engage in enriching experiences and extending our services to a wider area.

Thanks to Axis Finance for their generous contribution. The new bus has positively impacted the beneficiaries' lives by increasing their numbers and improving attendance. We can now conduct various outings and educational trips, enhancing the students' experiences. **The bus service also helps children learn valuable skills such as bus travel, time management, discipline, standing in a queue, balancing while traveling, taking care of their belongings, and helping others.**



RATION DISTRIBUTION

CPAI initiated monthly ration distribution during the lockdown, and this effort has continued to the present day, showcasing the organization's dedication to supporting not only individuals with physical disabilities but also other vulnerable groups affected by the pandemic.

Rations are provided to the families of our adult beneficiaries with physical disabilities, who have aged and are unable to afford basic necessities.

CEREBRAL PALSY AWARD FUNCTION

Cerebral Palsy Association of India (CPAI) and media partner Maharashtra Times hosted the prestigious CP Award ceremony at Mumbai University Convocation Hall. This esteemed event, graced by renowned Indian Nuclear Scientist Mr. Anil Kakodkar as the chief guest, aimed to recognize and honor the remarkable achievements of individuals and institutions with cerebral palsy who have demonstrated exceptional resilience and determination. Heartfelt tributes were paid to the awardees, celebrating their inspiring journeys and unwavering courage. CPAI presented awards (Cash & Memento) to five individuals and four institutions for their outstanding contributions in various fields, from academic excellence to social impact initiatives. The CP Award ceremony served as a poignant reminder of the power of perseverance and the resilience of the human spirit. It celebrated achievements while reaffirming the importance of inclusivity, diversity, and empathy in creating a more equitable and compassionate society. Attendees left with a renewed sense of hope and admiration for the remarkable individuals and institutions honored.



HIGHLIGHTS



WORLD DISABILITY DAY

On World Disability Day, a remarkable event took place at Chembur organized by HPCL, where adults with disabilities (PwD) were given a platform to showcase their incredible dancing talent. Alongside their performances, there were other captivating presentations from Special Schools, making it an inclusive and inspiring event.



EYE CHECK UP CAMP



JUDTE KADAM



WORLD CEREBRAL PALSY DAY

"Dakshin Raaga," in collaboration with the Cerebral Palsy Association of India (CPAI), presented "Judte Kadam" at Kalina University. This inspiring event showcased the talents and potential of individuals with diverse abilities, promoting inclusivity and acceptance. Attendees were captivated by awe-inspiring performances, highlighting the importance of embracing diversity. "Judte Kadam" left a lasting impact, inspiring all to celebrate differences and advocate for inclusivity in every aspect of life.

HIGHLIGHTS



GENERAL MEDICAL CHECKUP CAMP



The educational overnight trip to Gangapur Dam Resort in Nashik

The educational overnight trip to Gangapur Dam Resort in Nashik for special needs students and their mothers was a resounding success. Participants engaged in experiential learning, enhancing their knowledge and skills, while mothers and students strengthened bonds and built support networks. Special needs students displayed increased confidence and independence, and mothers felt empowered by sharing experiences and strategies. This initiative highlights the importance of inclusive education and community engagement in supporting the well-being and development of individuals with special needs and their families. **Mothers felt empowered and supported through the exchange of experiences and strategies, gaining valuable insights and resources. This rare opportunity to go out provided them with the space to express themselves and relax.**



TATA MUMBAI MARATHON

Champions, completing the 1.3-kilometer race with remarkable enthusiasm and determination.



ANNUAL DAY & AWARENESS PROGRAM

GOALS FOR 2024-25

1 Extending our workforce, embracing more beneficiaries with multiple impairments, and improving the quality of our services for early intervention, schooling, therapy, vocational training, and livelihood programs.

2 Teachings would not be confined to the classroom; instead, more outside outings (Practical Training) to broaden our beneficiaries perspectives and approaches. It aids in the development of their social skills and broadens their ideas. We target to reach 54 beneficiaries of Phase Pardhi community by providing them with Food, Hostel, Education expenses under Project Shikshan

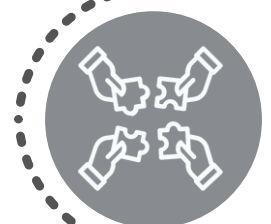
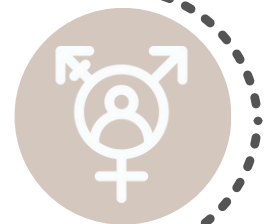
3 Empowering women through more hands-on training programmes in digital and financial literacy. Expanding the safkin project by installing machines in tribal areas of Nashik & Sindhudurg, Training the women to stitch safkin, earning a livelihood. Distribution of 1 lakh Safkin Kits in the tribal remote Areas.

4 Providing livelihood training in computer skills, , stitching, parlor, makeup, grooming for men to the tribal community youth, PDAs community & in remote areas to foster sustainability.

5 Promoting inclusion by uplifting the transgender community to participate in the livelihood training programs and be well-equipped to support the community kitchen in Bhandup, with the aim of the services being handled by the old sex workers and their families.

6 Collaboration with NGO partners in Panvel, Churchgate, Vasai, Nashik & Sindhudurg, Madhya Pradesh & Uttar Pradesh to reach out to additional beneficiaries especially in rural areas.

7 CPAI plans to establish a branch, connect with beneficiaries, and make a significant impact in southern India.



MEET THE TEAM

BOARD OF TRUSTEES

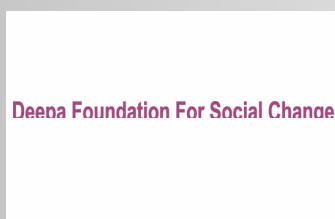
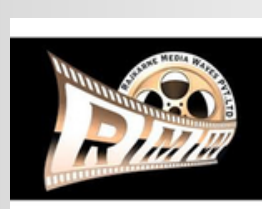
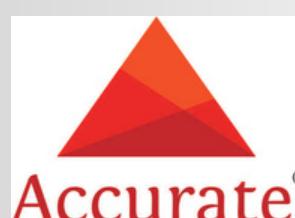
- Mrs. Sunita Gupta
Chairman
- Mrs. Manjusha Singh
Secretary / CSO
- Mr. Sandeep Aggarwal
Treasurer
- Mr. Anil Sanjivan
Trustee
- Dr. Aruna Aggarwal
Trustee
- Mrs. Salima Kazani
Trustee
- Mr. Rajendra Purohit
Trustee
- Mr. Yashwant More
Trustee

ADVISORY BOARD

- Mr. Anil Galgali - RTI Activist
- Dr. Satish Mutha - Orthopaedic Surgen
- Mrs. Namarta Mehta - Trainer & Healer
- Mr. Mitesh Shah - Businessman & Sportsman
- Mr. Vinod Sadvilkar - Social Worker
- Mr. Rohit Pugalia - Businessman
- Mrs. Purvi Pugalia - Businesswomen
- Mrs. Preeti Chaudhry - Financial Advisor
- Jayashree Iyer - Professional Artist
- Dr. Madan Dubey - Professor, Musician, Director
- Mrs. Cynthia Mathews - Trainer & Social worker

OUR SUPPORTERS

We thank our well wishers who are continuously supporting us in our objective & mission towards the betterment of PDAs



Contact Us

Windsor BMC Library Building, Windsor Lane, C S T Road, Kalina, Santacruz East, Mumbai, Maharashtra 400098.



+91 9870843937



hhw.multiplehandicapped@gmail.com
cpai1968@hotmail.com



www.cpai.org.in



cpaindia



Hhw Cerebral Palsy



Cerebral Palsy Association of India

DONATE



<https://cpai.org.in/donate-now/>

UPI ID - mab.037322007760025@axisbank

Scan and DONATE with any app



CEREBRAL PALSY ASSOCIATION OF INDIA

